I MINA'TRENTAI DOS NA LIHESLATURAN GUÅHAN 2013 (FIRST) Regular Session

Bill No. 49 -32 (LS) Introduced by:

R.J. RESPICION B.J.F. CRUZ

AN ACT TO DEFINE EDUCATIONAL AND PROFESSIONAL REQUIREMENTS FOR A LICENSED MENTAL HEALTH COUNSELOR.

BE IT ENACTED BY THE PEOPLE OF GUAM:

finds that based on the representations of the Individual, Marriage, Family Therapists Association, the current Allied Health regulations should be refined, updated, and reformed to incorporate more specialized educational and professional provisions with respect to licensed mental health counselors. *I Liheslatura* further recognizes that ultimately any alterations to the current statutory and regulatory structure governing the practice of professional therapists must be done in concert with all the stakeholders involved, including the Guam Board of Allied Health Examiners, local professional therapists and counselors, public and private mental health providers, the

elected leadership, and the general public.

To commence this dialogue among all stakeholders, *I Liheslatura* finds that the framework for new regulations in this field should be introduced in the legislative process in order to construct a final set of statutory and regulatory changes that will move this reform process forward.

SECTION 2. Definitions. In this Article:

- (a) Accredited educational institution shall mean any educational institution which grants a doctoral or master's degree and is accredited by a regional accrediting body in the United States or by another accrediting or recognized approval agency recognized by the Board including state, national or foreign approving agencies.
- (b) Clinical supervision shall mean the supervision of no more than six (6) persons at the same time who are acquiring and completing clinical experience in accordance with Guam law. Clinical supervision is that aspect of instructional supervision which draws upon data from direct firsthand observation of actual teaching, or other professional events, and involves face-to-face and other associated interactions between the observer(s) and the person(s) observed in the course of analyzing the observed professional

behaviors and activities and seeking to define and/or develop next steps toward improved performance. This includes, but is not limited to the following: case consultation, the assessment and diagnosis of presenting problems, development and implementation of treatment plans and the evaluation of the course of treatment.

- (c) Consultant shall mean a credentialed professional who provides expert service, advice, or makes recommendations for a fee or pro bono, by phone, internet, in person, or by other means to an individual licensed on Guam as a Licensed Mental Health Counselor for the purposes of maximizing therapeutic benefit for a client.
- (d) Licensed Mental Health Counselor shall mean a person licensed on Guam to practice Mental Health Counseling as defined in these rules and regulations.
- **(e)** National Clinical Mental Health Counselor Examination (NCMHCE) shall mean the examination of that name compiled by the National Board for Certified Counselors (NBCC).
- (f) National Counselor Examination for Licensure and Certification (NCE) shall mean the examination of that name compiled by the National Board for Certified Counselors (NBCC).
 - (g) Mental Health Counseling shall mean the provision of

services to individuals, couples, families, and groups. This includes the application of theories, principles, and methods of counseling and psychotherapy to define goals and develop plans of action aimed toward the prevention, treatment, and resolution of mental and emotional dysfunction and intra- or interpersonal difficulties. The practice of mental health counseling includes, but is not limited to, the assessment, diagnosis, and non-medical treatment of mental and emotional disorders, the application of psychoeducational techniques and measures aimed at the prevention of such disorders, and consultation to individuals, couples, families, groups, organizations, and communities.

- (h) Counseling shall mean a specialized, formal interaction between a Licensed Mental Health Counselor or other Mental Health Professional and a client in which a therapeutic relationship is established to help resolve symptoms of mental disorders, psychosocial stress, family problems or other difficulties which is designed to enhance problem solving skills and coping abilities as identified in a treatment plan.
- (i) Individual Counseling shall mean planned interventions to assist a client enlarge competencies, increase problem solving skills

- and coping abilities according to identified treatment goals.
- **(j)** Couples therapy shall mean therapeutic interventions with married or unmarried couples to resolve problems and conflicts in their relationship.
 - (k) Family therapy shall mean systematic interventions for the purpose of enabling family members to understand the behavior of individuals in relation to the ongoing operations of the family group.
 - (1) Group Counseling shall mean the gathering together of unrelated individuals at the direction of a group facilitator or counselor for a therapeutic purpose.

SECTION 3. Qualifications for Licensure.

- 12 1. The Board shall issue a license as a *Licensed Mental Health*13 Counselor to an applicant who:
 - i. Has a doctorate or master's degree from an accredited educational institution with a program in psychology, counseling, marriage and family therapy, or other psychotherapeutic discipline. The applicant must be able to show documentation of:
 - ii. A minimum of ninety (90) quarter hours or sixty (60) semester hours of graduate studies (as suggested by the

1	Counsel for Accreditation of Counseling and Related								
2	Educational Programs [CACREP]) that:								
3	a. Includes course content in the following areas:								
4	1. Foundations								
5	2. Counseling, Prevention, and Intervention								
6	3. Diversity and Advocacy								
7	4. Assessment								
8	5. Research and Evaluation								
9	6. Diagnosis; and								
10	b. Includes a practicum, consisting of a minimum of								
11	one hundred (100); and								
12	c. Includes an internship, consisting of a minimum of								
13	six hundred (600) hours and;								
14	d. Has completed a minimum of three thousand								
15	(3,000) hours of documented post-graduate clinical								
16	experience and one hundred (100) hours of supervision by a								
17	licensed Individual, Marriage and Family Therapist (IMFT),								
18	Certified Professional Counselor (CPC), Licensed Clinical								
19	Social Worker (LCSW), Licensed Mental Health Counselor								
20	(LMHC), Licensed Professional Counselor (LPC), Marriage								

and Family Therapist (MFT), psychologist, psychiatrist or other license deemed by the Board to be substantially equivalent to these professions, who is licensed and authorized to provide such supervision in the United States, its territories or a foreign country determined to be acceptable on a case by case basis by the Board. The three thousand (3,000) hours of post graduate clinical experience may include, but is not limited to: face-to-face treatment of clients, keeping clinical notes, supervision, treatment team meetings, consultation, education, treatment planning, observation and other activities generally recognized to be part of clinical practice.

e. A minimum of one thousand five hundred (1,500) hours of the three thousand (3,000) hours of post-graduate clinical experience must be in face-to-face treatment of individuals or groups; and has successfully passed the National Counselor Examination for Licensure and Certification (NCE). and the National Clinical Mental Health Counselor Exam (NCMHCE), which have been conducted in a manner approved by the National Board for Certified

Counselors (NBCC).

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- 2. For an individual who has not engaged in post-graduate experience or cannot document a minimum of three thousand (3,000) hours of post-graduate clinical experience under the supervision of a licensed IMFT, CPC, LCSW, LMHC, LPC, MFT, psychologist, psychiatrist or other license deemed by the Board to be substantially equivalent to these professions, who is licensed and authorized to provide such supervision in the United States, its territories or a foreign country determined to be acceptable on a case by case basis by the Board; such individual may practice under an internship program approved by the Board prior to engagement in that program in order to gain that supervision on Guam. To provide such supervision on Guam, a person must be a licensed Individual Marriage and Family Therapist, Licensed Professional Counselor, Marriage and Family Therapist, Licensed Clinical Social Worker, Clinical Psychologist or Psychiatrist licensed on Guam who has held a license for a minimum of five (5) years with experience in clinical work which requires diagnosis and treatment planning.
- 3. Individuals who hold a current, valid license in a state of the

United States, its territories or foreign country approved by the Board on a case-by-case basis as a Licensed Clinical Counselor of Mental Health, Licensed Clinical Mental Health Counselor, Licensed Mental Health Counselor, Licensed Mental Health Practitioner, Licensed Professional Counselor of Mental Health, or other license deemed by the Board to be substantially equivalent to the Guam License for Licensed Mental Health Counselor, and who has passed both the NCE and the NCMHCE in a manner approved by the NBCC shall be eligible for the Guam license for Licensed Mental Health Counselor.

SECTION 4. Exceptions to licensure.

- 1. No person may practice Mental Health Counseling on Guam who is *not* licensed as a Licensed Mental Health Counselor by the Board, *unless* such practice is approved by the Board or other Guam licensing Board. *However*, this Article does not prohibit:
 - a. an employee of the Federal government from performing official duties on federal property;
 - b. an LCSW, PC, LPC, CPC, LMHC, MFT, Psychologist or Psychiatrist, currently licensed in another jurisdiction of the United States from consulting with or advising a Licensed

Mental Health Counselor on Guam. However, the consultant, if not licensed on Guam may not provide services to a client 2 directly;

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an active student in good standing, as a requirement of a university program for completion of a degree or a person who is engaged in the completion of the requirement of three thousand (3,000) hours of post-graduate clinical experience to become licensed as an LMHC, under the supervision of a Guam licensed IMFT, LPC, LMHC, MFT, LCSW, clinical psychologist or psychiatrist from performing assigned duties.

d. Nothing herein prohibits qualified members of other professional groups, such as clinical psychologists, school psychologists, counseling psychologists, social workers or ordained clergy from doing work of a counseling nature consistent with their training and code of ethics for their respective professions; provided, that they do not hold themselves out to the public as a:

i. Mental Health Counselor

SECTION 5. Scope of Practice. Licensed Mental Health Counselors are qualified to provide services to individuals, couples,

families, and groups. They apply theories, principles, and methods of counseling and psychotherapy to define goals and develop plans of action aimed toward the prevention, treatment, and resolution of mental and emotional dysfunction and intra- or interpersonal difficulties. The practice of mental health counseling includes, but is not limited to, the assessment, diagnosis, and non-medical treatment disorders, of and emotional application mental the of psychoeducational techniques and measures aimed at the prevention of such disorders, and consultation to individuals, couples, families, groups, organizations, and communities.

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SECTION 6. Client Confidentiality. Client Confidentiality is defined and regulated as set forth in the Health Insurance Portability and Accountability Act (HIPAA), the ethical rules of the American Counseling Association (ACA), Guam law, and revisions thereof. Breach of client confidentiality except as provided for by HIPAA, the ACA, or Guam law shall be considered unprofessional conduct and may be grounds for revocation or suspension of the license.

SECTION 7. Continuing Education Requirements. A licensee shall complete a total of 40 contact hours or 4.0 Continuing Education Units directly related to the practice of Mental Health Counseling

1	within ea	ach two	(2) year	licensure	period	to	qualify	for	renewal	of
2	licensure.									

- SECTION 8. Grandfather Provision. All licensees who hold a current, valid, license as an Individual, Marriage, and Family Therapist issued by the Guam Board of Allied Health Examiners or as a Licensed Professional Counselor issued by a Guam Board, at the time this article becomes law, shall be eligible to apply for a license as a Licensed Mental Health Counselor. They may be granted a license as a Mental Health Counselor if:
 - They can pass the NCMHCE developed by the NBCC (they shall be deemed eligible by the board to take the test); or
 - 2. They can document 1,000 hours of post Masters clinical work which requires diagnosis and treatment planning; or
 - 3. They have held a license as an Individual, Marriage and Family Therapist on Guam, a Licensed Professional Counselor on Guam, or any combination of the two (2) for a minimum of six (6) years.